# Maple Valley School of Ballet

# 2023-24 School Year/updated 11/26/23

**Diamond Square Location Lake Sawyer Location** maplevalleyballet.com 206-618-6229 30741 3rd Ave #110 29006 216th Ave SE

PO Box 1408 Maple Valley, WA 98038 Black Diamond, WA 98010 Black Diamond, WA 98010

#### MVSB School Calendar 2023-24

# ~subject to change~

Our school year is based on 34 weeks. Make-up classes have been figured into the schedule.

September 6, Wednesday classes start Levels 2-6 (no modern) September 11, Monday classes start Dance with Me, Creative, Intro to Ballet, Pre ballet, Level 1, Modern

June 24, Monday last day of class

# Dance With Me/Intro to Ballet/Adult Ballet

These classes run in 5 week sessions. Please Inquire about the schedule

# There are no classes on the following dates

October 31 Halloween December 15-Jan 1 holiday break

February 18-23 mid-winter break **April 8-13** spring break November 22-25 Thanksgiving break May 27 Memorial Day

#### **Observation Weeks**

Creative and Pre Ballet, Level 1, Modern 3/5 Levels 2/3/5/6, Modern 2/6

October 16-21 November 6-11 December 11-14 February 5-10 February 5-10 (Creative Ballet Only) June 10-15

April 1-6 Introduction to Ballet June 17-22 The last class of each session will be an

observation day.

# In addition, please note the following dates.

October 23-30 costume days

December 15-16 Nutcracker dress rehearsal and performances (Levels 1-6)

February 5-10 Parent Participation Week Pre Ballet, Levels 1, Level 2/3 modern

March 30 Spring Concert (Levels 3-6) picture day, no afternoon classes June 1, Saturday

June 25-29 theater rehearsals and June concert

June 28, 29 June shows

# **Classes for the Young Dancer**

How do you know if your dancer is ready for Intro to Ballet? Use this checklist to know!

- 1. Is your dancer FULLY potty trained?
- 2. Are they able to be away from their primary caregiver for 45 min?
- 3. Are they willing to wear the creative ballet uniform?
- 4. Are they able to take their leotard and tights up and down in the bathroom independently?
- 5. Are they able to follow instructions from others other than their primary caregiver?
- 6. Are they willing to learn to take turns?
- 7. Do they understand that they should not grab things that do not belong to them?

For those dancers who are not yet ready for creative ballet, we offer our Dance With Me classes. If a student shows themselves to be more suited for a Dance With Me class, they will be moved into the class most appropriate for them.

#### **Dance With Me**

For the dancer who is not ready to work independently, or be separated, from the care-giver.

Care-givers are expected to participate in this class.

Dance with Me does not participate in the end of year concert in June.

Saturday 10:10-10:55 Diamond Square

# Intro to Ballet/Preschool-students should turn 4 by 9/1/24.

Please note that we ask parents to not observe weekly classes.

Intro to Ballet does not participate in the end of year concert in June.

Monday 10:30-11:15 Lake Sawyer
Tuesday 5:15-6:00 Lake Sawyer
Saturday 11:05-11:55 Diamond Square

#### **Intro to Ballet/K-2nd Grade** students should turn 5 by 9/1/23.

Intro to Ballet does not participate in the end of year concert in June.

Monday 11:25-12:25 Lake Sawyer Tuesday 6:10-7:10 Lake Sawyer

# Creative Ballet students should turn 4 by 9/1/23.

Creative Ballet performs in the end of year concert in June.

Monday 5:00-5:45 Lake Sawyer

# Pre Ballet Kindergarten and 1st Grade. Students should turn 5 by 9/1/23

Pre Ballet performs in the end of year concert in June

Monday 6:00-7:00 Lake Sawyer Saturday 9:00-10:00am Diamond Square

# **Classes for Older Dancers and Adults**

## <u>Level 1</u> Students in the 2nd grade+.

5:40-6:55 Wednesday Lake Sawyer ballet

# <u>**Level 2**</u> Students in the 3rd grade+

Classes meet twice a week.

Tuesday	5:20-6:35	Diamond Square	modern
Thursday	5:20-6:35	Diamond Square	ballet

#### <u>Level 3</u> classes meet three times a week.

By teacher placement only.

Tuesday	6:45-8:00	Diamond Square	ballet
	8:00-8:15	Diamond Square	rehearsal
Wednesday	7:00-8:15	Lake Sawyer	modern
Thursday	6:45-8:00	Diamond Square	ballet
·	8:00-8:15	Diamond Square	rehearsal

## <u>Level 4</u> classes meet four times a week.

There is no Level 4 in the 2023/24 school year.

## Level 5 classes meet four times a week.

By teacher placement only.

Monday	6:25-9:00	Diamond Square	ballet
Tuesday	7:30-9:00	Lake Sawyer	modern
Wednesday	6:25-9:00	Diamond Square	ballet
Friday	5:00-7:30	Diamond Square	ballet
•	7:30-8:30	Diamond Square	rehearsal

#### <u>Level 6</u> classes meet five times a week.

By teacher placement only.

Monday	3:45-6:20	Diamond Square
Tuesday	3:45-5:15	Diamond Square
Wednesday	3:45-6:20	Diamond Square
Thursday	3:45-5:15	Diamond Square
Saturday	12:30 6:00 Fall	Diamond Square
v	12:15-6:00 Wint	ter/Spring

12:15-6:00 Winter/Spring

# Adult Ballet

This class is geared toward adults who danced when they were younger, but haven't danced for many years since. There are performance opportunities for those who wish.

Monday	7:10-8:40	Lake Sawyer	ballet
	8:40-9:00	Lake Sawyer	rehearsal

# Maple Valley School of Ballet Uniform Requirements



## Option #1

Leotard

A PLAIN leotard without contrasting trims, fancy sleeves, sequins, sparkles, etc.

Please, no skirts or tutus attached to the leotards.

purple

Colors should correspond to the students assigned class level

Creative Ballet Ballet Pink Level 3 Burgundy
Pre Ballet White Level 4 Hunter Green
Level 1 Lt. Blue Level 5 Navy

Level 6 Black

#### **Tights**

Footed Tights made by a reputable dance wear manufacturer (i.e. Capezio or Bloch). Dancers should not wear tights made by Wal-Mart or other similar stores.

Level 2

Underwear should NOT be worn under tights.

Dancers may wear either pink tights, or tights that match their own skin tone.

#### Shoes

Ballet Slippers made by a reputable dance wear manufacturer (i.e. Capezio or Bloch) Dancers should not wear shoes made by Wal-Mart or other similar stores. Dancers may wear either pink shoes, or ones that match their own skin tone.

#### Hair

Creative Ballet and Pre Ballet students may wear a ponytail, but we encourage a bun. All other levels—a ballet bun or other approved hairstyle is required.

If hair is too short to fit into a bun, the hair should appear from the front as if it is in a bun.

Typically, this means that the hair is pulled into a ponytail, with 'whispies' pinned and a sleek look from the front.

Students with textured hair are welcome to collaborate with their instructor for alternative options.

#### **Modern Dance**

The uniform is the same for modern dance as it is for ballet. The exceptions are that the tights should be footless, no shoes, and hair should NOT be worn in a bun. Individual teachers may have additional requirements.



# Option #2

Plain, white leotard, without contrasting tries, fancy sleeves, sequins, etc. Black, form fitting shorts (i.e. bike shorts) for students in Creative, Pre Ballet, and Levels 1/2.

Black men's style tights worn over the white leotard for levels 3-6. White ballet slippers.

White ballet socks (not athletic socks).

For those for whom it is appropriate, a dance belt is required.

Hair should be neat and out of the face, If hair is long, a ponytail will be needed.

#### **Modern Dance**

The uniform is the same for modern dance as it is for ballet. The exceptions are that the tights should be footless, no shoes, no socks. Individual teachers may have additional requirements.

# **Introduction to Ballet**

Dancers should wear a plain leotard with tights.

Dancers may be either bare foot, or wear ballet slippers.

Hair should be up and away from the face.

If clothing is a distraction, the teacher may request that the dancer find an alternate solution

# Where do we get dancewear?

Locally, we recommend...

The Dancewear Center On Pointe Dancewear

in Kirkland and Renton in Bellevue

www.dancecenter.net onpointebellevue.com

We encourage families, especially those students who are starting pointe work, to develop a relationship with their local dance retailer.

For those for whom the time of a commute to a dancewear store is a challenge, we offer a partnership with the online retailer, Discount Dance. https://www.discountdance.com/search/teacherid:138521?tp=138521

Both these local retailers, as well as Discount Dance, have a listing of the uniform requirements for MVSB.

# **Expectations for Maple Valley School of Ballet Students**

Students are expected to adhere to MVSB policies at all times.

All levels are expected to be ready at the given time.

At MVSB, the progressive syllabus is built around a 34 week school year. Students who are tardy or have absences should expect to fall behind the rest of their class.

Supplementary Exercises Students in Levels 3-6 are expected to arrive fifteen minutes prior to class time in order to perform supplementary strengthening exercises prescribed by the teacher.

# Maple Valley School of Ballet Policies

We strive to maintain a positive learning environment where each student has the very best opportunity to excel.

#### **MVSB Ballet Policies-Classroom**

For younger dancers, arrive 5 minutes before class time.

For Level 3-5 classes, arrive 15 minutes before class time.

Use the restroom before class begins.

No necklaces, bracelets, or dangling jewelry. *Please note, we will make an exception for jewelry of religious nature, provided that is not a distraction for the dancer.* 

No gum.

Concentration in class is encouraged. Talking in class is discouraged.

Early dismissal from class, if necessary, must be requested before class begins.

#### MVSB Ballet Policies-Arrival & Pick-Up

Students should wear outside clothing and street shoes when arriving and departing the studio.

Students in Creative and Pre-Ballet should be supervised by an adult while waiting for class to start.

Students in Creative, Pre Ballet, and Level 1 should be picked up inside the door.

#### **MVSB Ballet Policies-Make-Up Classes**

Students are encouraged to make-up absences in another class.

Make-ups need to be arranged in advance with the teacher.

Make-ups cannot be scheduled on Observation Days.

#### **MVSB Ballet Policies-School Closures**

If there is need for a closure, the school will contact you.

If you are unsure about closures, please call the office or check our social media pages for information on cancellations.

Please see the online registration agreement for more details.

#### **Tuition**

Please see attached sheet.

# Nutcracker Highlights, December 16

Nutcracker Highlights is open to students in Levels 1-6. There is a participation fee, TBD, which is processed in four increments, from August to November.

#### Dress Rehearsal is Friday, December 15, and is required for participants.

<u>Levels 1-2</u> All rehearsals take place on Saturdays.

Students are allowed one un-excused absence.

Absences because of illness or family emergency are excused.

Rehearsals will start on September 30

<u>Level 3</u> Most rehearsals take place after Tuesday/Thursday classes, 8:00-8:15.

There will be one Saturday rehearsal on December 9.

Students are allowed two un-excused absences.

Absences because of illness or family emergency are excused.

Rehearsals will start on October 2.

<u>Friday Level 5</u> Most rehearsals will take place on Friday evenings.

There will be one Saturday rehearsal on December 9.

Students are allowed two unexcused absences.

Absences because of illness or family emergency are excused.

Schedule to come

<u>Saturday Level 5/6</u> Rehearsals will take place on Saturdays.

Students are allowed two unexcused absences.

Absences because of illness or family emergency are excused.

Schedule to come.

Questions? please email the school.

# Spring Showcase, March 30, 2023

Open to students in Levels 3-6

The purpose of this program is two-fold; to present existing, classical repertoire, and to enable student choreography.

There is a participation fee, amount TBD which is processed in four increments, from December to March.

Rehearsals will begin in January.

More information will be available in the fall.

# 42nd Anniversary Concert

Rehearsals and Performance will be during the week of June 25-29. More information will be available in the coming months.

# MVSB Tuition, 2023-24 School Year

\*subject to change\*

#### Payments & Policies

Online registration requires a credit card. Charges will be posted to your card after your registration has been reviewed.

We only accept credit cards as forms of payment.

An annual \$25.00 registration fee per student is due at the time of registration and is automatically charged. This fee is waived if student is register before July 1, 2023.

There is no registration for dancers in the 5 Week Semesters.

Payments are processed on the 20th prior to the following month (example, October tuition is processed on September 20th). We do not accept payments at the studio.

A late fee of \$25.00 will be charge on accounts past due after the first of the month.

<u>Withdrawal Policies</u> You must notify us the month prior to withdrawing your child to avoid charges. (Example, if you are withdrawing for the month of December, we will need to contact the registrar prior to November 19th.)

Please see online registration agreement for more in depth policies and expectations regarding payments and tuition.

	Per 5 Week Session
Dance With Me	\$100
Intro to Ballet	\$100
Adult Ballet	\$100

	Yearly Tuition (34 weeks)	10 Monthly Payments
Creative Ballet/Performance	\$800	\$80
Pre Ballet	\$850	\$85
Level 1	\$900	\$90
Level 2	\$1800	\$180
Level 3	\$2700	\$270
Level 5	\$3300	\$330
Level 6	\$3750	\$375